



WEEKLY SCHEDULE

YOGA CLASSES FOR THE WEEK OF JULY 29-AUGUST 4

Theme for the week: Instructor's Choice!

MDT	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4	
AM	<p>12:00-12:50pm Lifelong Yoga CSI Gym 304--probably outside near the Herrett Center May 20-July 24 \$65 for M and W free to CSI Employees register here: https://csi.augusoft.net/ or call Kim at 208 732 6855 Allie is subbing today!</p>		<p>12:00-12:50pm Lifelong Yoga CSI Gym 304--probably outside near the Herrett Center May 20-July 24 \$65 for M and W free to CSI Employees register here: https://csi.augusoft.net/ or call Kim at 208 732 6855 Allie is subbing today!</p>			<p>10:00-10:45am Restorative Yoga Xrossways 400 Irene Street Kimberly, ID Drop in fee \$10 or one time free visit! Suelin is subbing today!</p>		
PM	<p>6:00-7:00pm <u>Outdoor Yoga</u> Ascension Episcopal North Lawn June 3- August 14 \$8 drop in \$35 5 class pass \$60 10 class pass Tylene is subbing today!</p> <p>7:00-8:00pm <u>Outdoor Balanced Body</u> Strength and balance training Ascension Episcopal North Lawn same prices as outdoor yoga above Mary Lou is subbing today!</p>		<p>6:00-7:00pm <u>Outdoor Yoga</u> Ascension Episcopal North Lawn June 3- August 14 \$8 drop in \$35 5 class pass \$60 10 class pass \$165 summer season pass--good for all 3 outdoor days Tylene is subbing today!</p>			<p>12:00 noon Lunch and Learn Potluck Meet at Twin Falls City Park Idaho History Room Tour at Twin Falls Public Library after lunch</p>		